



LEARN TO FIGURE SKATE

Junior Prep & Group STARSkate

* phone 780-456-6851 * fax 780-406-1251 * email extreme.edge@shaw.ca *
* web www.extremeedge.ca * Office Address: 14528 - 66 Street, Edmonton, Alberta, T5C 3R7 *

Requires approval of the Program Director

Learn the fundamentals of figure skating in an encouraging and enthusiastic atmosphere

Junior Prep:

4-8 years of age

This is an introductory learn to figure skate program for highly motivated skaters choosing to learn at an accelerated level. This program is intended as an introduction to competitive figure skating.

- Prepares skaters for the Junior figure skating program. See advanced program guide for more details.
- Recommended 3-4 days per week
- Must skate at least 2 days per week

Group STARSkate:

9 years of age and older

This is an opportunity for athletes over 8 years of age to learn the fundamentals of figure skating in a group environment. Skaters can work towards achieving a passing standard on STAR assessments in 3 areas of figure skating:

- Freeskate – jumps, spins, spirals
- Dance – pattern steps to music
- Skating Skills – speed, edges, turns
- Recommended 2 days per week



Junior Prep:

4-8 years of age

April 2 – 26, 2018

At Londonderry Arena 14528-66 Street, North Edmonton

Sunday	Yoga	2:10-2:50pm	Payment for Junior Prep: \$140.00 Choose 2 days per week or \$160.00 Choose 3-4 days per week Non-Members Fee x 1.5 = \$_____
	On Ice Group	3:00-3:45pm	
Tuesday	Off Ice Technique	5:00-5:30pm	
	On Ice Group	5:45-6:30pm	
Wednesday	Off-Ice Technique	5:15-5:45pm	
	On Ice Group	6:00-6:45pm	
Thursday	Off-Ice Technique	4:30-4:50pm	
	On Ice Group	5:00-5:45pm	

Schedule subject to change

May 23 - June 28, 2018

***At Clareview Arena A** 3804-139 Avenue, North Edmonton

Sunday	Off-Ice Creative Movement	12:40-1:20pm	Payment for Junior Prep: \$140.00 Choose 2 days per week or \$160.00 Choose 3-4 days per week Non-Members Fee x 1.5 = \$_____
	On Ice Group	1:30-2:15pm	
Tuesday	Off Ice Technique	5:00-5:30pm	
	On Ice Group	5:45-6:30pm	
Wednesday	Off-Ice Technique	5:15-5:45pm	
	On Ice Group	6:00-6:45pm	
Thursday	Off-Ice Technique	4:30-4:50pm	
	On Ice Group	5:00-5:45pm	

Schedule subject to change

Group STARSkate:

9 years of age and older

April 5 – 26, 2018

At Londonderry Arena 14528-66 Street, North Edmonton

Sunday	Yoga	2:10-2:50pm	Payment for Group STARSkate: \$140.00 1-2 days per week
	On Ice Group	3:00-3:45pm	
Thursday	Off-Ice Technique	4:30-4:50pm	
	On Ice Group	5:00-5:45pm	

Schedule subject to change

May 24 - June 28, 2018

***At Clareview Arena A** 3804-139 Avenue, North Edmonton

Sunday	Off-Ice Creative Movement	12:40-1:20pm	Payment for Group STARSkate: \$140.00 1-2 days per week
	On Ice Group	1:30-2:15pm	
Thursday	Off-Ice Technique	4:30-4:50pm	
	On Ice Group	5:00-5:45pm	

Schedule subject to change

What to Wear:

- All skaters must have their hair tied back for all program activities.
- Helmets are required.
- All skaters must wear **athletic or skating attire** during on-ice and off-ice programs. Example:
 - Girls – Skating dress, tights, sweater, gloves
 - Girls – Leggings, slim fitting shirt, sweater, gloves
 - Boys – Track pants or skating pants, shirt, sweater, gloves
- **NO** jeans, winter jackets, hoodies, baggy clothes, or shorts.
- Running shoes required for off-ice classes.

Skates:

- Figure skates (**not recreational skates**) are mandatory for this level.
- Skate guards:
 - Hard guards to walk in
 - Soft guards to transport skates - Blades must be dried with a rag prior to putting on soft guards
 - Store skates in open air, not in closed skate bag
 - Recommended store to purchase and sharpen skates: **United Cycle**, 7620 Gateway Blvd

Learn to Figure Skate Registration Form:
 (Current 2017-2018 members please use Quick Registration Form)

<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Signature of Program Director
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Athlete Information:

Skaters name:	
Birth date: (d/m/y):	Age in years:
Medical issues (if any):	

Parent or Guardian contact information:

Name(s) of parent(s) or guardian(s):	
Email address:	
Ph: (780)	Cell: (780)
Address:	City:
Province:	Postal Code:
Emergency contact name:	Ph: (780)
How did you find out about our program?	

Registration form must be accompanied by payment:

Date activating membership (Sept 2017-Aug 2018):
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Payments: Processed on approximately the 15th of the month

No Fundraising commitment required at this level
<input type="checkbox"/> 1-2 days per week: \$140.00 April
<input type="checkbox"/> 1-2 days per week: \$140.00 May/June
<input type="checkbox"/> 3-4 days per week: \$160.00 April
<input type="checkbox"/> 3-4 days per week \$160.00 May/June
<input type="checkbox"/> Non-Members: April Fee x 1.5 = \$ _____ Non-Members: May/June Fee x 1.5 = \$ _____

Select Days:

<p>Jr Prep Program 4-8 years of age:</p> <input type="checkbox"/> Sun <input type="checkbox"/> Tues <input type="checkbox"/> Wed <input type="checkbox"/> Thurs
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<p>Group STARSkate 9 years of age and older:</p> <input type="checkbox"/> Sun <input type="checkbox"/> Thurs

Visa or MasterCard: Card # _____/_____/_____/_____ Expiry Date: ____/____ Cheques dated: Apr 15, 2018 # _____ May 15, 2018 # _____

The EESC has my permission to publish my child's picture, results, and/or name for advertising, and displays and/or any written acknowledgement on our Website.

Yes No

I accept full financial responsibility for this application form. No refunds or credits will be issued unless the program is cancelled by the Extreme Edge Skating Club (EESC). In consideration of the benefits awarded to us by acceptance of this application, the under signed agrees to save and hold harmless and release EESC, all coaches and assistants, and any private or municipal rink of and from any and all claim rising from bodily injury and property damage sustained by the student. Further, I agree to abide by the Rules and Regulations of Skate Canada and the Extreme Edge Skating Club as set down by the Board of Directors.

Date Signed:	Signature	Witness:
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